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How to control Humidity

Things you can do

- * Seal windows by caulking and weather-stripping
- * Make sure your house is adequately ventilated
- * Use range and exhaust fans when cooking
- * Use bathroom exhaust fans when showering
- * Make sure your clothes dryer is vented to the outside

How Lennox can help

Nobody wants a wet blanket around. Get rid of Humidity once and for all with a whole-home dehumidification system (<http://spencehvac.com/lennox-humidifiers.html>), which works with your heating and cooling system to keep moisture at bay.

More (

http://www.lennox.com/badair/issues/player.asp?v=humidity_1&rt=33.56&fi=/res/images/site/rep lay_image.jpg) (

http://www.lennox.com/badair/issues/player.asp?v=humidity_2&rt=32.06&fi=/res/images/site/rep lay_image.jpg) (

http://www.lennox.com/badair/issues/player.asp?v=humidity_3&rt=44.27&fi=/res/images/site/rep lay_image.jpg)

(<http://www.lennox.com/badair/mold/>)

Learn more (<http://www.lennox.com/badair/bacteria/>) about Lennox humidity-control solutions Installed by Spence Heating and Air Conditioning.

(<http://www.lennox.com/resources/tips.asp>)

Did You Know? Peeling wallpaper or flaking paint may be a sign that you have a problem with humidity.

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Time is Running OUT!! December 31, 2010 is the end of the tax credits. Call or e-mail us info@spencehvac.com (<mailto:info@spencehvac.com>) or 770-979-3311 to find out about 12 Months Deferred Interest with Monthly Payment, and other financing options. This deal is too good to let slip by if your home and family needs a new comfort control system.

Living with Bad Air?

Living With Bad Air? (<http://spencehvac.com/living-with-bad-air.html>)

Causes behind the problem

Poor ventilation is one of the major causes of Humidity imbalances within the home. Faulty HVAC equipment and leaky ducts can add to the problem.

Health effects

Too much moisture inside your home can promote the growth of Mold, mildew, fungi, Bacteria and viruses that can cause or worsen asthma, as well as hay fever and other allergies*. Too little moisture in the air can lead to dry skin, sore throats and respiratory problems.*

*American Academy of Allergy, Asthma & Immunology

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